



VIAL OF L.I.F.E .

Lifesaving Information for Emergencies

Emergency call 911
500 City Center Drive
Rohnert Park, CA 94928
Non-Emergency: 707-584-2600

DATE COMPLETED:

FIRST NAME			INITIAL		LAST NAME			PETS IN HOME:	
STREET				CITY		STATE		ZIP	
TELEPHONE		DOB		MALE/FEMALE	HEIGHT	WEIGHT	HAIR COLOR	EYE COLOR	BLOOD TYPE
RELIGION								DENTURES	
List Hearing Difficulties								UPPER	LOWER
List Vision Difficulties								UNABLE TO SPEAK	
								<input type="checkbox"/>	
PRIMARY LANGUAGE (IF NOT ENGLISH)									
Identifying Marks									
Current Medical Conditions									
Past Medical Conditions									
Current Medications: Dosage & Frequency									
Allergies to Medications									
Doctor's Name & Phone Number									
Last Hospitalization									
Special Instructions (Such as Health Directives, Etc..)									
Health Insurance Policy									
Emergency Contact - Name, Address, Phone Number, & Relationship									
PRINT CLEARLY • FOLLOW DIRECTIONS ON BACK TO STORE ON REFRIGERATOR									

VIAL OF L.I.F.E INFORMATION AND INSTRUCTIONS

By completing the medical information form and storing the vial correctly, you will provide vital lifesaving information about your medical history, even if you are unable to speak to the emergency responders (firefighters, police officers and paramedics).



1. Fill Out the Vial of Life Form

- Fill out the form located on reverse side.
- Answer all or any pertinent questions. All fields are optional.

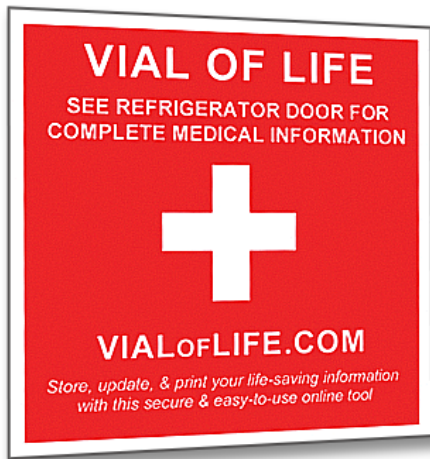
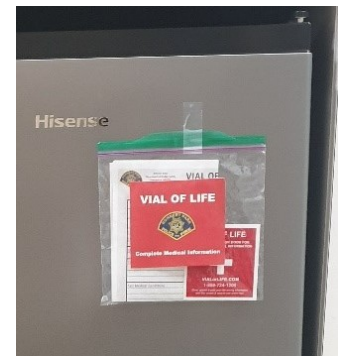


2. Prepare Your Plastic Baggie

- Fold filled out form and place in the baggie.
- You may also consider adding the following items: Copy of EKG, DNR (Do Not Resuscitate), Living Will or Equivalent, Recent Picture of Self.

3. Place Baggie on Fridge Door

- Securely tape the plastic baggie to the front of your fridge. Place the baggie at eye level so that first responders can easily find your complete medical information.



4. Place Vial of Life Decal on Your Front Door

- Place the Vial of L.I.F.E. sticker on or near your front door where it is clearly visible to responders. This lets your local first responders know where your medical information is located.

5. Update the form whenever your medical history or medications change

- Review the form at least twice per year when you change your smoke detector batteries.
- Blank forms may be obtained from Public Safety Main Station, 500 City Center Drive